TOWN OF WHITESTOWN, INDIANA RESOLUTION NO. 2017-03

A RESOLUTION ADOPTING A STAFF WELLNESS INCENTIVE PROGRAM FOR THE TOWN OF WHITESTOWN

WHEREAS, the Town of Whitestown ("Whitestown" or "Town") recognizes the importance of promoting health, well-being, healthy eating and exercise among its employees and their families, and the community at large; and

WHEREAS, according to the Centers for Disease Control and Prevention ("CDC"), tobacco use and secondhand smoke exposure are leading preventable causes of illness and premature death in the nation; and

WHEREAS, the annual cost to employers in medical insurance premiums, workers compensation and lost productivity from employees who are overweight, obese, physically inactive, or are tobacco users is significant; and

WHEREAS, the Town Council of Whitestown recognizes the need for a Town Employee Policy to encourage health, well-being and exercise through a Wellness Incentive Program designed to help ensure a healthy work environment for all of the Town's employees; and

WHEREAS, the Town Council desires to implement a Wellness Incentive Program that strives to provide opportunities that will encourage the development of lifestyles which maintain and enhance the state of overall well-being, for a longer, healthier, and more productive life for the employees of the Town; and

WHEREAS, the Town Council acknowledges the importance of a successful Wellness Incentive Program in promoting fitness and health; and

WHEREAS, it is the desire of the Town Council to adopt an official Wellness Incentive Program for employees of Whitestown.

NOW THEREFORE, BE IT RESOLVED BY THE TOWN COUNCIL OF THE TOWN OF WHITESTOWN, INDIANA, that:

The Staff Wellness Incentive Program attached hereto as <u>Exhibit A</u>, and all terms contained therein, is hereby adopted as the Town of Whitestown, Staff Wellness Incentive Policy.

PASSED AND ADOPTED BY THE WHITESTOWN, INDIANA, TOWN COUNCIL THIS ____ DAY OF FEBRUARY, 2017.

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| Eric Miller, President | |
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| Susan Austin, Vice-President | |

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Matthew Sumner, Clerk-Treasurer Town of Whitestown, Indiana

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